

How the ICF Shapes the Work of an Occupational Therapist on a Daily Basis...

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Experience applying the ICF model within two practice settings:

1. Early Psychosis Intervention team
2. Chronic Pain Clinic

14th Annual North American Collaborating Center Conference on ICF
14^e conférence annuelle du North American Collaborating Center
sur la Classification internationale du fonctionnement (CIF)



EVALUATING SOCIAL
PARTICIPATION:
Applications of the ICF and ICF-CY

ÉVALUATION DE LA
PARTICIPATION SOCIALE :
applications de la CIF et de
la CIF-Enfants et Adolescents

Background

- 2006 survey completed with results indicating Canadian OTs' knowledge, use and ideas for ICF dissemination
 - Knowledge highlights
 - Use highlights
 - Dissemination highlights

Farrell, J., Anderson, S., Hewitt, K., Livingston, M.H., & Stewart, D. (2007). A survey of Canadian occupational therapists about their knowledge and use of the ICF. *Canadian Journal of Occupational Therapy*, 74(Special Issue), 221-232.

Clinical Examples from a ground floor perspective...

Working in an Early Psychosis Intervention context:

- **Role as student**
 - High school (managing hallways, lunch time)
 - College/University (new context, new network)
- **Role as participant in “hanging out”**
 - Social cognition
 - Developmental challenges, identity

More clinical examples...

While working in a chronic pain clinic:

- “Kim, I appreciate all the help with assistive devices for the kitchen, but my life long project of 25 years is falling apart – I need help sorting out being a husband again”.
- “I have realized I have something to offer my daughter even if I can’t be as physically active as I anticipated”.

Within teams...

- Interdisciplinary initial assessment team uses ICF codes as way of translating impressions from assessment.
- Discussions during clinical rounds

Challenges and Opportunities

Challenges

- Thus far, I have been the only one on the team aware of the ICF as a framework
 - Appears as OT framework
- Resistance

Opportunities

- Potential for common language
- Equates credibility of interdisciplinary team members
- Voice as developing clinician
- Enables forum for role clarification

Summary

- While it can feel overwhelming to bring forward new models such as the ICF for teams to consider, there is also an opportunity for developing clinicians to step into a leadership role.